

Rugby classics think rugby a guide to purposeful Manual

rugby classics think rugby a guide to purposeful is more than just a phrase; it's a philosophy that embodies the essence of rugby as a sport rooted in purpose, tradition, and character. Whether you're a seasoned player, a passionate fan, or a newcomer to the game, understanding the deeper meaning behind rugby's principles can enrich your appreciation of this iconic sport. This comprehensive guide explores the core values that make rugby a purposeful game, delves into the history and culture that shape it, and offers insights on how to embody these principles both on and off the field.

The Essence of Purpose in Rugby

Rugby is often celebrated for its physicality and competitive spirit, but what truly sets it apart is its focus on purpose—both in play and in the sport's broader community. Purpose in rugby manifests through commitment, teamwork, respect, discipline, and integrity. These values aren't just abstract ideals; they are actively demonstrated during matches, training, and community engagement.

Core Values That Drive Purposeful Rugby

Understanding these core values helps players and fans appreciate rugby's deeper significance:

- **Respect:** Respect for opponents, officials, teammates, and the game's traditions.
- **Discipline:** Maintaining self-control and adherence to rules and strategies.
- **Integrity:** Playing honestly and upholding the spirit of the game.
- **Teamwork:** Collaborating effectively to achieve shared goals.
- **Resilience:** Overcoming setbacks with perseverance and mental toughness.

The History and Cultural Significance of Purposeful Rugby

Rugby's origins trace back to 19th-century England, with the sport evolving into a symbol of camaraderie, honor, and purpose. Its history is intertwined with social and cultural movements that emphasize fairness and collective effort.

Historical Milestones That Shaped Purposeful Play

Some key moments include:

- **1850s-1860s:** Formalization of rules emphasizing sportsmanship and fair play.
- **1871:** Formation of the Rugby Football Union (RFU), promoting organized and purposeful competition.
- **20th Century:** Rugby's role in post-war rebuilding, emphasizing unity and purpose beyond the game.
- **Present Day:** Initiatives promoting inclusivity, community service, and life skills through rugby programs.

How Purposeful Rugby Translates Into Gameplay

In practice, purposeful rugby is evident in how players approach the game:

Strategic and Respectful Play

- Prioritizing team strategies over individual glory.
- Respecting referees' decisions and maintaining sportsmanship.
- Playing with integrity, even in high-pressure situations.

Physical and Mental Discipline

- Training diligently to improve skills and fitness.
- Staying disciplined to adhere to game plans and rules.
- Demonstrating resilience after setbacks or injuries.

Leadership and Responsibility

- Captains and veteran players serve as role models.
- Young players are mentored to uphold values.
- Teams foster an environment of mutual respect and shared purpose.

Building Purposeful Rugby Culture

A purposeful rugby culture extends beyond the field, influencing community and personal growth.

Community Engagement and Social Responsibility

Rugby clubs often participate in initiatives such as:

- Charity events and fundraising.
- Development programs for youth and underprivileged groups.
- Educational campaigns promoting respect and inclusion.

Developing Personal Character

Playing rugby with purpose nurtures qualities like:

- Leadership skills.
- Discipline and responsibility.
- Resilience and perseverance.
- Empathy and teamwork.

Practical Tips for Embracing Purpose in Rugby

Whether you're on the field or in everyday life, embodying purposeful rugby can make a meaningful difference.

On the Field

- Always respect opponents and officials.
- Play with honesty and integrity.
- Focus on team strategies and collective success.
- Support teammates, regardless of game outcome.

Off the Field

- Participate in community service and outreach programs.
- Promote inclusivity and respect within your local rugby community.
- Maintain physical and mental discipline in training and daily routines.
- Reflect on your personal growth and uphold the sport's values.

The Future of Purposeful Rugby

As rugby continues to evolve, its focus on purpose remains a guiding light for the sport's growth and impact.

Innovations and Initiatives

- Emphasizing player well-being and mental health.
- Incorporating educational programs on values and ethics.
- Expanding access to rugby for diverse communities worldwide.

The Role of Players, Coaches, and Fans

- Players are encouraged to lead by example, demonstrating purpose in every action.
- Coaches can nurture a culture of respect and integrity.
- Fans and supporters help foster an environment that celebrates the sport's core values.

Conclusion: Embracing Purpose in Rugby

Rugby classics think rugby a guide to purposeful encapsulates the spirit of a sport that values character, community, and integrity. By understanding and embodying these principles, players and fans contribute to a richer, more meaningful game that extends beyond the pitch. Rugby's purpose-driven approach not only elevates the sport itself but also inspires individuals and communities to lead lives of purpose, resilience, and respect.

Whether you're stepping onto the field for the first time or a seasoned veteran, remember that rugby is more than a game—it's a way of life rooted in purpose. Embrace the values, uphold the traditions, and carry forward the legacy of purposeful rugby for generations to come.

Rugby Classics Think Rugby: A Guide to Purposeful Play is a compelling resource that dives deep into the essence of rugby, emphasizing not just the skills and strategies but also the values and purpose that underpin this historic sport. Whether you're a seasoned player, a coach, or a passionate fan, this guide offers valuable insights that elevate your understanding and appreciation of rugby's true spirit. The book stands out as a comprehensive manual that balances technical knowledge with philosophical reflections, making it a must-read for anyone eager to grasp the deeper meaning behind the game.

Introduction: Embracing the Spirit of Rugby

Rugby Classics Think Rugby is more than just a collection of plays and rules; it's an exploration of the core principles that make rugby unique. The author, through meticulous research and personal experience, emphasizes the importance of purpose in playing the game—not merely to win, but to develop character, leadership, and camaraderie. This perspective sets the tone for the entire book, positioning rugby as a vehicle for personal growth and societal values.

The Philosophy of Rugby: More Than a Sport

Understanding Purpose in Rugby

At its heart, rugby is portrayed as a purposeful game designed to foster resilience, teamwork, and integrity. The book advocates that players should view their participation as an opportunity to cultivate virtues that extend beyond the field.

Key themes include:

- Respect for opponents and officials
- Commitment to continuous improvement
- Embracing adversity with grit
- Building trust and camaraderie

This philosophical approach encourages players to see each match as a chance to embody these ideals, transforming the game into a meaningful life experience.

Pros and Cons of a Purpose-Driven Approach

Pros:

- Promotes personal development
- Enhances team cohesion
- Fosters a respectful sporting environment
- Creates lasting memories and bonds

Cons:

- Might be perceived as idealistic or overly serious
- Could overshadow competitive edge for some players
- Requires a cultural shift in traditional training environments

Technical Mastery and Purposeful Play

Skills Development with Intent

The guide emphasizes that technical skills are most meaningful when applied with purpose. For example, passing, tackling, and strategic positioning are not just mechanical actions but deliberate choices aligned with team goals and game strategy.

Features:

- Step-by-step tutorials on fundamental skills
- Drills that reinforce intentional play
- Emphasis on mindfulness during execution

This focus helps players move beyond rote techniques, encouraging them to think about why they perform each action, thereby increasing effectiveness and satisfaction.

Tactical Awareness and Purposeful Strategy

The book discusses tactical decisions as expressions of purpose. Whether it's choosing to kick for territory or maintaining possession, each move should be driven by a clear intention aligned with the overall game plan.

Features:

- Case studies of successful tactical decisions
- Guidelines for adapting strategies based on game flow
- Exercises to develop strategic thinking

This approach elevates rugby from reactive play to proactive, purpose-driven competition.

Leadership and Team Dynamics

Cultivating Purposeful Leadership

Leadership in rugby is portrayed as a vital component of purposeful play. The guide explores how captains and senior players can inspire their teams by embodying core values and setting a positive tone.

Features:

- Traits of effective leaders
- Techniques for motivating and guiding teammates
- Building a shared sense of purpose

Pros:

- Fosters a strong team culture
- Enhances players' confidence
- Encourages accountability

Cons:

- Leadership qualities may vary among individuals
- Overemphasis on leadership can overshadow team effort

Building a Cohesive Team

The book stresses that a purposeful team is one that communicates openly, trusts each other, and shares common goals. Exercises and activities are provided to strengthen these bonds.

Rugby and Personal Development

Developing Character Through Rugby

A recurring theme is that rugby serves as a mirror for life's challenges and triumphs. The book advocates using rugby as a tool for character building, instilling discipline, humility, and perseverance.

Features:

- Personal anecdotes illustrating growth through rugby
- Reflections on overcoming setbacks
- Strategies for maintaining purpose during adversity

Pros:

- Fosters resilience
- Builds lifelong skills
- Encourages a growth mindset

Rugby as a Catalyst for Social Change

The guide also touches on rugby's role in promoting social cohesion and addressing societal issues. It argues that rugby's inclusive and respectful nature can be a powerful force for positive

change.

Practical Applications and Resources

Training and Practice with Purpose

The book offers practical advice on structuring training sessions that reinforce purpose-driven play. This includes setting clear objectives, providing feedback, and fostering a growth-oriented environment.

Resources for Coaches and Players

A comprehensive appendix includes:

- Sample training plans
- Leadership development exercises
- Reflection prompts

Final Thoughts: Embracing the Purposeful Rugby Ethos

Rugby Classics Think Rugby: A Guide to Purposeful is more than a manual; it's a call to infuse every aspect of the game with intention and meaning. By emphasizing the importance of purpose, the book guides players and coaches alike to see rugby as a conduit for personal and collective excellence. Its holistic approach ensures that the sport remains true to its values while adapting to contemporary challenges.

Overall Evaluation

Features:

- Deep philosophical insights combined with practical advice
- Emphasis on character development and leadership
- Inclusive approach suitable for all levels
- Inspires reflection and intentionality in play

Pros:

- Encourages a meaningful engagement with rugby

- Fosters a positive sporting culture
- Enhances both individual and team performance

Cons:

- May require a cultural shift for traditional teams
- Some players might prioritize competition over purpose

In conclusion, Rugby Classics Think Rugby: A Guide to Purposeful stands as a vital resource for those committed to playing and promoting rugby with integrity and purpose. It challenges the reader to look beyond the scoreboard and embrace the sport's potential as a transformative force rooted in core values. Whether you're coaching a youth team or competing at a high level, this guide offers timeless wisdom to help you make each game meaningful and impactful.

Question What is 'Rugby Classics: Think Rugby, A Guide to Purposeful Play' about? 'Rugby Classics' is a comprehensive guide that explores the core principles, values, and philosophies behind rugby, emphasizing purposeful play and the deeper meaning of the sport. **Who is the author of 'Rugby Classics: Think Rugby, A Guide to Purposeful Play'?** The book is authored by a renowned rugby expert and coach, whose insights aim to deepen players' and fans' understanding of the sport's purpose and ethos. **How does 'Rugby Classics' define purposeful rugby?** 'Purposeful rugby' in the book refers to playing the game with intention, integrity, and respect, focusing on teamwork, discipline, and the development of character both on and off the field. **Why is 'Rugby Classics' considered a must-read for coaches and players?** Because it offers valuable philosophical insights and practical guidance on embodying the sport's core values, helping improve both performance and sportsmanship. **What are some key themes discussed in 'Rugby Classics: Think Rugby'?** Key themes include leadership, discipline, respect, resilience, and the importance of playing with purpose and integrity. **How does the book address the mental aspects of playing rugby?** It emphasizes mental toughness, focus, and the importance of a purposeful mindset to enhance performance and uphold the sport's values. **Is 'Rugby Classics' suitable for rugby beginners or mainly for advanced players?** While it offers deep insights suitable for all levels, it is particularly valuable for coaches, experienced players, and those seeking a deeper understanding of rugby's purpose. **Does the book include practical advice or drills for players?** Yes, it combines philosophical discussions with practical tips on cultivating purposefulness, leadership, and discipline during training and matches. **Where can I purchase 'Rugby Classics: Think Rugby, A Guide to Purposeful Play'?** The book is available through major retailers, online bookstores, and rugby specialty shops, both in physical and digital formats.

Related keywords: rugby, classics, guide, purposeful, rugby history, rugby rules, rugby techniques, rugby culture, rugby strategies, rugby training

vintage rugby club

Vintage rugby club refers to a community or organization dedicated to preserving the rich history and traditions of rugby union and rugby league. These clubs often celebrate vintage or classic rugby gear, historic matches, legendary players, and the evolution of the sport over the decades. Whether you are a seasoned rugby enthusiast, a collector of memorabilia, or simply interested in the heritage of this dynamic sport, vintage rugby clubs serve as vital custodians of rugby's storied past. In this article, we delve into the origins of vintage rugby clubs, their significance, activities, collections, and how they contribute to the broader rugby community.

Understanding the Concept of Vintage Rugby Clubs

What Is a Vintage Rugby Club?

A vintage rugby club is a specialized organization or social group that focuses on the historical aspects of rugby. Unlike modern rugby clubs that prioritize current competitions and training, vintage rugby clubs emphasize the preservation of rugby's heritage through various activities such as:

- Collecting and showcasing vintage rugby jerseys, balls, and equipment
- Reenacting historic matches and rituals
- Hosting exhibitions and educational events about rugby history
- Promoting the traditions, culture, and evolution of the sport

These clubs often bring together enthusiasts who share a passion for the sport's legacy, fostering a sense of community and continuity across generations.

The Significance of Vintage Rugby Clubs

Vintage rugby clubs play a crucial role in:

- **Preserving History:** They safeguard historic memorabilia, photographs, and records that might otherwise be lost over time.
- **Educating New Generations:** They serve as educational platforms, informing fans and players about the origins and development of rugby.
- **Celebrating Heritage:** They celebrate the traditions, rituals, and milestones that have shaped rugby into the sport it is today.
- **Building Community:** They create a sense of camaraderie among members who share a common love for rugby's history.

Historical Origins of Vintage Rugby Clubs

The concept of vintage rugby clubs emerged in the late 20th century as sports enthusiasts and historians recognized the importance of preserving the sport's heritage. During the 1970s and 1980s, as rugby expanded globally, collectors and historians began to organize clubs and societies dedicated to specific eras or regions.

Some of the earliest vintage rugby clubs were formed around specific landmarks or historic matches, such as the first international rugby match played in 1871 or the legendary tours of the British Lions. These clubs often collaborated with museums, archives, and sports organizations to curate exhibitions and publish research.

Activities and Initiatives of Vintage Rugby Clubs

Collecting and Exhibiting Vintage Memorabilia

One of the core activities of vintage rugby clubs is the collection and display of rugby memorabilia, including:

- Old jerseys and kits from different eras
- Vintage rugby balls and equipment
- Photographs, posters, and programs from historic matches
- Medals, trophies, and awards

Many clubs organize exhibitions or participate in sports fairs to showcase these collections to the public, helping to educate fans about rugby's evolution.

Re-enactments and Historic Match Simulations

Some vintage rugby clubs organize reenactments of famous matches or simulate historic games, often wearing period-appropriate attire. These events serve both as entertainment and educational experiences, illustrating how the game was played in different eras.

Educational Events and Publications

To promote understanding of rugby's heritage, many clubs host lectures, workshops, and publish books or articles covering topics such as:

- The origins of rugby rules

- Profiles of legendary players from past eras
- The development of rugby tactics and strategies
- The cultural impact of rugby in various regions

Community Engagement and Outreach

Vintage rugby clubs often collaborate with local schools and community groups to introduce young people to rugby's history, fostering a sense of pride and continuity.

Notable Vintage Rugby Clubs and Associations

Across the globe, several notable vintage rugby clubs and societies have made significant contributions to preserving rugby's heritage:

- **Rugby Museum and Hall of Fame (England):** Houses extensive memorabilia and archives, and hosts annual events celebrating rugby history.
- **Australian Rugby Heritage Society:** Focuses on the history of Australian rugby and promotes preservation of historic artifacts.
- **New Zealand Rugby Museum:** Offers detailed exhibits on the All Blacks' legendary history and New Zealand rugby development.
- **International Vintage Rugby Society:** Connects collectors and enthusiasts worldwide, organizing international exhibitions and swap meets.

These organizations often work in partnership with modern clubs, museums, and media outlets to promote rugby's heritage.

Collecting Vintage Rugby Items: Tips and Guidelines

For enthusiasts interested in building their own vintage rugby collections, here are some helpful tips:

- **Research and Authenticate:** Ensure items are authentic by verifying provenance and consulting experts.
- **Focus on a Niche:** Specialize in a specific era, team, or type of memorabilia to build a coherent collection.
- **Preserve Properly:** Store items in climate-controlled environments and handle them with care to prevent deterioration.
- **Network with Other Collectors:** Join clubs, forums, and attend fairs to exchange knowledge and items.
- **Document Your Collection:** Keep detailed records of provenance, condition, and history of

each item.

Building a vintage rugby collection can be a rewarding hobby that deepens your understanding and appreciation of the sport's history.

How Vintage Rugby Clubs Influence Modern Rugby Culture

Vintage rugby clubs have a profound impact on contemporary rugby culture by:

- Reinforcing traditions and rituals that are still observed in modern matches
- Inspiring current players with stories of rugby legends and historic achievements
- Promoting sportsmanship, respect, and community values rooted in rugby's heritage
- Providing a sense of identity and continuity for rugby fans worldwide

Moreover, these clubs often serve as bridges connecting different generations of rugby enthusiasts, ensuring that the sport's rich history remains alive and relevant.

Conclusion

A **vintage rugby club** is much more than just a collection of old memorabilia; it embodies the spirit of preservation, education, and celebration of rugby's enduring legacy. Whether through exhibitions, reenactments, or community outreach, these clubs play a vital role in maintaining the cultural fabric of rugby, inspiring future generations to appreciate and uphold its traditions. As rugby continues to evolve, vintage rugby clubs serve as a reminder of where the sport has come from and the values that have shaped its journey. For enthusiasts and newcomers alike, engaging with vintage rugby clubs offers a meaningful way to connect with the sport's rich past while looking forward to its future.

Vintage rugby club culture is a fascinating blend of tradition, history, and community spirit that has persisted through decades of change in the sport. From nostalgic matches played by former legends to the timeless appeal of classic jerseys, a vintage rugby club embodies the rich heritage that continues to influence modern rugby. In this comprehensive guide, we'll explore the origins of vintage rugby clubs, their significance in today's rugby landscape, how to get involved, and why they remain vital to preserving the sport's history.

The Origins of Vintage Rugby Clubs

The Roots of Rugby's Heritage

Rugby union, with its deep roots in the British Isles, has a storied history dating back to the 19th

century. Many clubs established in the late 1800s and early 1900s are considered the pioneers of the sport, and over time, these clubs have cultivated a sense of tradition that remains alive today.

Emergence of Vintage Clubs

Vintage rugby clubs often originate from:

- Historical clubs that have maintained their legacy and continue to celebrate their history.
- Alumni or old boys clubs formed by former players seeking to stay connected through matches and social events.
- Specialized vintage or classic teams that focus on recreating matches with period-appropriate gear and rules.

These clubs serve not only as competitive teams but also as custodians of rugby's cultural and historical identity.

Why Vintage Rugby Clubs Matter

Preservation of Heritage

Vintage clubs keep alive the stories, attire, and playing styles of earlier eras in rugby. They often host:

- Retro matches with vintage rules
- Recreated playing styles
- Commemorative events honoring past players

Community and camaraderie

These clubs foster a sense of belonging among members, who share a passion for the sport's history. They often act as social hubs, bringing together generations of rugby enthusiasts.

Educational Value

Vintage clubs serve as living museums, educating newer generations about the evolution of rugby tactics, equipment, and customs.

Characteristics of a Vintage Rugby Club

Traditional Attire

One of the most recognizable features is the classic kit, often including:

- Woolen jerseys or cotton shirts
- High-waisted shorts
- Leather boots and traditional leather ball
- Vintage-style socks and caps

Playing Style

Vintage clubs frequently emulate the playing style of past eras, which might include:

- More physical, forward-oriented gameplay
- Less emphasis on structured passing or open play
- Use of period-specific rules (e.g., no lifting in lineouts)

Matchday Experience

Matches are often staged with a nostalgic atmosphere, featuring:

- Period-appropriate music and commentary
- Old-fashioned match balls
- Emphasis on sportsmanship and tradition

How to Get Involved with Vintage Rugby Clubs

Joining a Vintage Club

Most vintage clubs welcome:

- Former players and alumni
- Rugby enthusiasts interested in history
- Individuals eager to participate in retro matches or events

Steps to join:

- Research local or national vintage rugby clubs
- Contact club representatives or attend a match
- Participate in training sessions or social events
- Embrace the dress code and match protocols

Organizing Vintage Rugby Events

If you're interested in creating or supporting a vintage rugby event, consider:

- Collaboration with local rugby unions or historical societies
- Planning matches that recreate a specific era
- Securing period-appropriate attire and equipment
- Promoting the event through social media and rugby communities

Collecting Vintage Rugby Memorabilia

Many enthusiasts also collect:

- Old jerseys, boots, and balls
- Photographs and match programmes
- Trophies and medals from historic games

This hobby complements participation in vintage rugby culture and helps preserve its history.

Notable Vintage Rugby Clubs and Events

Famous Vintage Clubs

While many vintage clubs are local or regional, some notable examples include:

- Old Boys Clubs: Traditionally formed by alumni of historic schools or universities
- Heritage Teams: Clubs dedicated to recreating matches from specific historical periods

Key Vintage Rugby Events

- Vintage Rugby Festivals: Large gatherings celebrating rugby's history, often featuring multiple matches, exhibitions, and social events

- Anniversary Matches: Celebrations commemorating the founding of historic clubs
- Heritage Day: Special days dedicated to vintage rugby attire, rules, and matches

The Future of Vintage Rugby Clubs

Challenges

Vintage clubs face several challenges, such as:

- Maintaining interest among younger generations
- Securing funding for vintage gear and event organization
- Preserving authenticity while adapting to modern safety standards

Opportunities

Despite these challenges, vintage clubs can leverage:

- Increasing interest in sports nostalgia and heritage
- Social media platforms for outreach and engagement
- Collaborations with museums and historical institutions

The Role in Modern Rugby

Vintage rugby clubs complement the modern game by:

- Providing a sense of continuity and identity
- Offering a nostalgic contrast to contemporary professionalism
- Inspiring innovation rooted in tradition

How to Start a Vintage Rugby Club

Interested in creating your own vintage rugby club? Here's a step-by-step guide:

- Define your vision: Decide on the era or style you want to emulate
- Gather enthusiasts: Reach out to local rugby communities
- Develop a code of conduct: Emphasize sportsmanship, authenticity, and fun
- Secure vintage gear: Source or recreate period-appropriate equipment

- Plan matches and events: Organize friendly games or exhibitions
- Promote your club: Use social media, local newspapers, and rugby networks
- Document your journey: Capture photos and stories to inspire others

Conclusion

The vintage rugby club movement is more than just a nostalgic hobby; it's a vital part of preserving the sport's rich history and fostering community bonds. Whether through recreating historic matches, collecting memorabilia, or simply celebrating the game's traditions, vintage clubs serve as living tributes to rugby's past. As the sport continues to evolve, these clubs remind us of the roots from which modern rugby has grown, ensuring that the heritage and values of the game endure for generations to come. If you're passionate about rugby and history, joining or supporting a vintage rugby club could be a rewarding way to connect with the sport's timeless spirit.

Question What defines a vintage rugby club and what makes it different from a modern club? A vintage rugby club typically refers to a team that has a rich history and tradition, often with a focus on classic playing styles, traditional kit, and preserving the heritage of the sport. Unlike modern clubs that may emphasize advanced training techniques and technology, vintage clubs celebrate the nostalgic aspects of rugby and often participate in historic matches or events. **How can I find a vintage rugby club to join or visit?** You can find vintage rugby clubs through local rugby associations, heritage sports clubs, or online communities dedicated to historic rugby. Attending rugby festivals, vintage sports events, or researching clubs with long-standing histories can also help you connect with vintage rugby enthusiasts and clubs. **Are vintage rugby clubs involved in preserving rugby history and traditions?** Yes, vintage rugby clubs often play a key role in preserving the history and traditions of rugby. They organize events like historic matches, maintain traditional uniforms, and promote the sport's heritage through educational activities and memorabilia collection. **Can I participate in vintage rugby matches if I'm new to the sport?** Many vintage rugby clubs welcome players of all experience levels, especially during friendly or exhibition matches. It's best to contact the club beforehand to understand their requirements and whether they organize training sessions or beginner-friendly events. **What are some popular vintage rugby clubs around the world?** Some renowned vintage rugby clubs include the Old Boys' Clubs from traditional rugby nations, historic clubs like the Barbarians (which celebrates rugby heritage), and regional vintage clubs that focus on preserving local rugby traditions. Specific clubs vary by country and region, so exploring local rugby history groups can provide more options.

Related keywords: vintage rugby jersey, retro rugby apparel, classic rugby club, antique rugby memorabilia, old-school rugby gear, nostalgic rugby clothing, vintage rugby shirt, heritage rugby club, traditional rugby uniform, collectible rugby items

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