

alice by heart script Academic PDF

Alice By Heart Script

Alice by Heart Script: Exploring the Magic Behind the Musical

alice by heart script is a fascinating and essential element of the musical "Alice by

Heart," a unique adaptation that reimagines Lewis Carroll's classic tale through a modern and emotional lens. For theater enthusiasts, actors, directors, and fans of musical storytelling, understanding the alice by heart script offers a deeper appreciation of how the narrative unfolds, the characters evolve, and the themes resonate with contemporary audiences.

In this article, we'll dive into the significance of the alice by heart script, its structure, the creative process behind it, and why it stands out as a compelling piece of theatrical literature. Along the way, we'll touch on related keywords like lyrics, stage directions, character development, and how the script serves as a blueprint for bringing this imaginative story to life.

What Is the Alice by Heart Script?

At its core, the alice by heart script is the written text used to produce the musical "Alice by Heart." It includes not only the dialogue but also the lyrics, stage directions, and cues that guide performers and directors through the show. Unlike a simple play script, this document is a comprehensive manual that integrates the musical numbers seamlessly

with the unfolding story.

Written by Steven Sater, with music by Duncan Sheik, the script transforms the whimsical world of Alice in Wonderland into a poignant story about a young girl named Alice who uses her imagination to cope with trauma during the Blitz in London. The script's blend of fantasy and reality demands a script that balances lyrical storytelling with clear dramatic beats, and that's exactly what the Alice by Heart script achieves.

Why Is the Script Important?

The script is the backbone of any theatrical production. For Alice by Heart, it's particularly crucial because the musical layers complex themes such as memory, loss, and healing against the backdrop of a fantastical journey. The script's detailed dialogue and lyrics guide actors in portraying these emotional nuances.

Additionally, the script includes stage directions that help directors visualize the scene transitions, lighting cues, and character movements, which are essential for creating the immersive world the show requires. Without a well-crafted script, the magic of Alice by Heart would be difficult to capture on stage.

Exploring the Structure of the Alice by Heart Script

Understanding how the Alice by Heart script is structured helps in appreciating the flow and pacing of the musical. The script is typically divided into scenes and acts, with each segment focusing on different parts of Alice's journey.

Acts and Scenes

The musical is often presented in two acts, reflecting the progression of Alice's emotional

and imaginative journey:

****Act 1:**** Introduces Alice and her world, setting up the context of wartime London and her meeting with the mysterious White Rabbit. This act establishes the stakes and the fantasy elements.

****Act 2:**** Delves deeper into Alice's psyche and the Wonderland adventure, confronting darker themes and culminating in a resolution that blends reality with fantasy.

Each act is broken down into multiple scenes that shift between real-world moments and the Wonderland sequences. The script carefully balances these transitions to maintain narrative coherence.

Lyrics and Dialogue Integration

Since *alice by heart* is a musical, the script seamlessly blends spoken dialogue with songs.

The lyrics are embedded within the script alongside stage directions indicating when and how songs should be performed. This integration ensures smooth pacing and emotional impact.

For example, songs like "Once I Was Loved" and "Alice by Heart" are not just musical interludes but key storytelling tools that reveal character motivations and inner conflicts.

The script's attention to lyrical detail allows performers to bring depth and feeling to these moments.

Working with the Alice by Heart Script: Tips for Performers and

Directors

Whether you are an actor preparing for a role or a director planning a production, the *Alice by Heart* script offers several insights that can enhance your understanding and execution of the show.

Actors: Bringing Characters to Life

****Study the Character Arcs:**** The script provides rich character development, especially for Alice, who shifts between vulnerability and courage. Understanding her emotional journey is key.

****Pay Attention to Lyrics:**** The songs often reveal subtext or feelings not explicitly stated in the dialogue. Use the lyrics to inform your performance choices.

****Note Stage Directions:**** These cues often suggest physicality, tone, or movement that can deepen your portrayal.

Directors: Shaping the Vision

****Visualize Transitions:**** The script's scene changes between reality and fantasy require creative staging to avoid confusion and maintain flow.

****Emphasize Themes:**** The script is layered with themes of memory, loss, and imagination. Highlighting these in staging and pacing can enhance audience engagement.

****Collaborate with Designers:**** The script's detailed directions about settings and moods can guide lighting, set, and costume design to support storytelling.

Where to Find the *Alice by Heart* Script

For those interested in reading or obtaining the alice by heart script, there are several avenues to explore:

****Official Publishing Sources:**** Scripts for musicals are often published by theatrical companies or licensing agencies. Checking with Samuel French, MTI, or similar organizations may provide official copies.

****Library and Educational Institutions:**** University theater departments or public libraries sometimes have copies for study.

****Digital Platforms and Script Exchanges:**** Some websites offer script access for registered users, especially for educational or rehearsal purposes.

Always ensure that the script you access is authorized to respect copyright and the creators' rights.

The Unique Qualities of the Alice by Heart Script

One of the reasons the alice by heart script stands out is its ability to marry the whimsy of Alice in Wonderland with a contemporary, emotionally charged narrative. This is reflected in several unique qualities:

****Poetic Language:**** The script uses rich, poetic dialogue and lyrics that create an immersive atmosphere.

****Interweaving Realism and Fantasy:**** Unlike the original Carroll story, this script grounds the fantasy within a real historical context, giving it depth.

****Character-Driven Storytelling:**** The script focuses on Alice's internal journey,

making it a powerful character study as well as an entertaining musical.

These qualities make the alice by heart script a favorite among directors looking for a show with heart and complexity.

Lessons for Aspiring Playwrights and Scriptwriters

The craft behind the alice by heart script offers valuable lessons for anyone interested in writing for the stage:

****Balance Between Text and Music:**** Integrate songs that advance the plot rather than interrupt it.

****Use of Symbolism:**** Employ symbols and metaphors to enrich the narrative without overwhelming it.

****Emotional Authenticity:**** Create characters whose struggles resonate on a universal level.

By studying scripts like alice by heart, writers can learn how to construct layered stories that engage audiences both intellectually and emotionally.

The alice by heart script remains a testament to the power of storytelling through musical theater. Whether you're staging the show, performing in it, or simply curious about its construction, exploring the script reveals the intricate artistry behind one of today's most imaginative musicals.

Question

Answer

What is the plot of the

'Alice by Heart' script?

The 'Alice by Heart' script follows a young girl named Alice who, during the Blitz in London, escapes into her imagination and retells the story of Alice in Wonderland, blending her reality with the fantastical world to cope with trauma and loss.

Who wrote the 'Alice by Heart' script?

The book and lyrics for 'Alice by Heart' were written by Steven Sater, with music composed by Duncan Sheik.

Where can I find the full

'Alice by Heart' script?

The full 'Alice by Heart' script is often available through theatrical licensing agencies such as MTI, or in published anthologies of contemporary musicals. Some excerpts may also be found online, but for full usage, official licensing is recommended.

What are the main themes explored in the 'Alice by Heart' script?

The main themes in 'Alice by Heart' include coping with grief and trauma, the power of imagination and storytelling, friendship, and the contrast between reality and fantasy.

Has 'Alice by Heart' been adapted into any other formats besides the stage script?

As of now, 'Alice by Heart' is primarily known as a stage musical and script, with no widely released adaptations into film or television formats.

What age group is the 'Alice by Heart' script suitable for?

The 'Alice by Heart' script is generally suitable for young adults and older audiences due to its mature themes of war, loss, and psychological trauma, although it can be adapted for older children with appropriate guidance.

Alice by Heart Script: A Deep Dive into the Musical's Textual Foundation

alice by heart script serves as the textual backbone of the innovative musical "Alice by

Heart," a production that reimagines the classic tale of Alice in Wonderland through a

contemporary lens. For theater practitioners, scholars, and enthusiasts looking to explore this work, understanding the nuances of the script is essential. This article undertakes a detailed examination of the *Alice by Heart* script, analyzing its structure, thematic elements, and its place within modern musical theater literature.

Understanding the *Alice by Heart* Script

The *Alice by Heart* script presents a complex interplay between reality and fantasy, weaving together the familiar motifs of Lewis Carroll's original with fresh, often darker perspectives. Unlike traditional adaptations that closely follow the narrative of "Alice's Adventures in Wonderland," this script introduces a layered, character-driven plot that explores themes of memory, trauma, and escapism.

Crafted by the creative team of Steven Sater (book and lyrics) and Duncan Sheik (music), the script transcends mere retelling, offering a meta-theatrical experience. The dialogue and stage directions within the *Alice by Heart* script emphasize psychological depth and emotional realism, distinguishing it from other musical adaptations of classic literature.

Structural Elements and Narrative Flow

The script is structured as a two-act musical, with interwoven scenes that shift between a hospital setting and the fantastical realm of Wonderland. This duality is reflected in the script's formatting, where sequences alternate between stark, grounded dialogue and lyrical, poetic exchanges.

Key features of the *Alice by Heart* script's structure include:

Frame Narrative: The protagonist, a young girl named Alice Spencer, navigates

1.

her real-world struggles through imagined adventures, a device clearly outlined in the script's stage directions.

Non-linear Storytelling: The script often employs flashbacks and dream

2.

sequences, demanding careful attention to scene transitions.

Character Development: The script allocates significant dialogue to character

3.

introspection, allowing actors to explore complex emotional arcs.

This structural complexity requires directors and actors to engage deeply with the script to effectively convey its layered storytelling.

Thematic and Literary Analysis

Central to the *alice by heart* script is its exploration of memory and loss, themes that diverge notably from the whimsical tone of the original Alice stories. The script's language is imbued with symbolism and metaphor, serving as a vehicle for thematic resonance.

Noteworthy thematic strands include:

Memory as a Sanctuary: The script portrays Wonderland as a mental refuge for

1.

Alice, a place where she can process trauma, highlighted through recurring motifs and lyrical refrains.

Identity and Transformation: Characters in the script often undergo

2.

transformations, both literal and figurative, reflecting Alice's psychological journey.

The Intersection of Reality and Fantasy: The script balances dialogues that

3.

ground the narrative in real-life challenges with surreal, imaginative interactions, creating a dynamic tension.

These themes are not only embedded in the dialogue but also reinforced through stage directions and musical cues indicated in the script, emphasizing the multidisciplinary nature of the work.

Accessibility and Usage of the Alice by Heart Script

For theater companies and educational institutions interested in staging "Alice by Heart," the alice by heart script is a vital resource. However, access to the full script often involves navigating licensing agreements and rights through theatrical publishers.

Licensing and Published Versions

The script is typically available through authorized channels such as Samuel French, Concord Theatricals, or the publishers associated with the musical's creators. These versions come with clear guidelines on performance rights, ensuring legal use while providing directors with necessary materials like the script and musical score.

Script Features Supporting Production

The published alice by heart script is often accompanied by:

Detailed Stage Directions: Offering insight into setting, mood, and physicality,

1.

which assists directors and designers.

Dialogues and Lyrics: Seamless integration of spoken and sung text supports

2.

performers in navigating shifts between narrative modes.

Character Notes: Background information that deepens the understanding of

3.

motivations and relationships.

These features contribute to a smoother rehearsal process and a more cohesive final production.

Comparative Context: Alice by Heart Script Among Contemporary

Musical Scripts

When compared to other modern musical scripts, *alice by heart* stands out for its literary ambition and narrative complexity. While many contemporary musicals prioritize straightforward storytelling and entertainment, *alice by heart* script challenges its readers and performers with multifaceted characters and themes.

For instance, in contrast to the more linear scripts of musicals like "Dear Evan Hansen" or "Waitress," *alice by heart* demands careful interpretation of its symbolic language and meta-theatrical elements. This can be both a strength and a potential hurdle, depending

on the production's resources and artistic vision.

Pros and Cons of the Script in Production

Pros:

1.

Rich, evocative language offers depth for actors and directors.

1.

Innovative narrative structure encourages creative staging.

2.

Musical integration is seamless, enhancing emotional impact.

3.

Cons:

2.

Complex scenes require skilled interpretation and rehearsal time.

1.

Non-traditional storytelling may challenge audiences unfamiliar with meta-

2.

narratives.

Licensing restrictions can limit accessibility for smaller theater groups.

3.

These considerations are crucial for potential producers evaluating the feasibility of mounting this musical.

Conclusion

The *alice by heart* script embodies a sophisticated blend of narrative innovation, thematic gravity, and lyrical beauty. Its careful construction offers a compelling resource for theatrical productions willing to engage with its complexities. As both a literary work and a performance blueprint, the script continues to inspire new interpretations and discussions within the realm of contemporary musical theater.

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My heart

my heart is often considered the most vital organ in the human body, serving as the engine that powers our entire circulatory system. It is not only a biological marvel but also a symbol of emotion, love, and vitality in many cultures. Understanding the anatomy, functions, health concerns, and ways to maintain a healthy heart is essential for overall well-being. In this comprehensive guide, we will explore everything you need to know about your heart, from its structure and function to common diseases and lifestyle tips for a stronger, healthier heart.

Understanding the Anatomy of the Heart

The human heart is a muscular organ roughly the size of a fist, located slightly left of the center of the chest. It consists of several key structures that work together seamlessly to pump blood throughout the body.

Major Components of the Heart

- Chambers: The heart has four chambers:
 - Right Atrium: Receives deoxygenated blood from the body.
 - Right Ventricle: Pumps deoxygenated blood to the lungs.
 - Left Atrium: Receives oxygenated blood from the lungs.
 - Left Ventricle: Pumps oxygen-rich blood to the entire body.

- Valves: The heart contains four main valves that prevent backflow:
 - Tricuspid Valve
 - Pulmonary Valve
 - Mitral Valve
 - Aortic Valve

- Blood Vessels: Key vessels include:
 - Aorta
 - Pulmonary arteries and veins
 - Coronary arteries

How the Heart Works: The Cardiac Cycle

The heart's primary function is to circulate blood via a rhythmic process called the cardiac cycle, which includes:

- Systole: The phase when the heart contracts to pump blood out.
- Diastole: The relaxation phase when the heart chambers fill with blood.

This cycle ensures the continuous delivery of oxygen and nutrients to tissues and the removal of waste products.

The Importance of Heart Health

Maintaining a healthy heart is crucial because it directly impacts overall health and longevity. Heart disease remains a leading cause of death worldwide, but many conditions are preventable through lifestyle choices and early intervention.

Common Heart Conditions

- Coronary Artery Disease (CAD): Narrowing or blockage of coronary arteries.
- Heart Attack (Myocardial Infarction): Sudden blockage of blood flow to the heart muscle.
- Heart Failure: The heart's inability to pump blood effectively.
- Arrhythmias: Abnormal heart rhythms.
- Valvular Heart Diseases: Malfunction of one or more of the heart's valves.

Risk Factors for Heart Disease

Understanding and managing risk factors can significantly reduce the likelihood of developing heart problems.

Non-modifiable Risk Factors

- Age
- Family history of heart disease
- Gender (men are generally at higher risk earlier in life)
- Genetic predisposition

Modifiable Risk Factors

- High blood pressure (hypertension)
- High cholesterol levels
- Smoking
- Sedentary lifestyle
- Obesity
- Diabetes
- Poor diet
- Excessive alcohol consumption
- Chronic stress

Signs and Symptoms of Heart Disease

Early detection of heart issues can save lives. Be aware of symptoms such as:

- Chest pain or discomfort

- Shortness of breath
- Pain or numbness in arms, neck, jaw, or back
- Dizziness or lightheadedness
- Fatigue
- Irregular heartbeat

Seek immediate medical attention if experiencing severe symptoms like chest pain lasting more than a few minutes.

Maintaining a Healthy Heart: Lifestyle Tips

A proactive approach to heart health involves lifestyle modifications, regular check-ups, and awareness.

Healthy Diet

Incorporate heart-friendly foods:

- Fruits and vegetables
- Whole grains
- Lean proteins like fish, chicken, beans
- Healthy fats from nuts, seeds, and olive oil
- Limit saturated fats, trans fats, salt, and added sugars

Regular Physical Activity

Aim for at least 150 minutes of moderate exercise weekly:

- Walking
- Cycling
- Swimming
- Jogging
- Yoga

Exercise helps control weight, reduce blood pressure, and improve overall cardiovascular health.

Weight Management

Maintaining a healthy weight reduces strain on the heart and decreases risk factors.

Quit Smoking

Smoking damages blood vessels, raises blood pressure, and accelerates atherosclerosis.

Limit Alcohol Intake

Excessive alcohol can raise blood pressure and triglycerides.

Manage Stress

Chronic stress can negatively impact heart health; practices like meditation, deep breathing, and mindfulness can help.

Regular Health Screenings

Monitor blood pressure, cholesterol, and blood sugar levels regularly to catch issues early.

Advances in Heart Disease Treatment

Medical science offers various treatments and interventions to manage heart conditions effectively.

Medications

- Statins for cholesterol management
- Blood thinners for preventing clots
- Beta-blockers and ACE inhibitors for blood pressure control
- Anti-arrhythmic drugs

Procedures and Surgeries

- Angioplasty and stent placement
- Heart bypass surgery
- Valve repair or replacement
- Pacemaker implantation

Innovations and Future of Heart Care

Emerging technologies aim to improve diagnosis, treatment, and prevention:

- Regenerative medicine: Stem cell therapy for repairing damaged heart tissue
- Wearable devices: Continuous monitoring of heart health
- Genetic research: Personalized medicine based on genetic profiles
- Artificial hearts: For patients awaiting transplants

Conclusion: Caring for my heart

Your heart is more than just a vital organ; it is the core of your vitality and emotional well-being. By understanding how it functions, recognizing risk factors, and adopting a heart-healthy lifestyle, you can significantly reduce the risk of cardiovascular disease. Regular medical check-ups, a balanced diet, physical activity, and stress management are your best tools in ensuring that your heart remains strong and healthy for years to come. Remember, caring for your heart today paves the way for a healthier, happier future.

Keywords for SEO Optimization:

- Heart health
- Heart disease prevention
- How to keep your heart healthy
- Symptoms of heart problems
- Heart attack signs
- Heart-healthy diet
- Cardiovascular health tips
- Managing cholesterol and blood pressure
- Heart disease risk factors
- Advances in heart treatment

My Heart: An In-Depth Exploration of the Human Heart's Mysteries and Marvels

The phrase "my heart" resonates deeply with many, embodying notions of love, vulnerability, passion, and life itself. But beyond its poetic significance, my heart also refers to one of the most vital and fascinating organs within the human body. Its intricate structure, complex functions, and profound influence on our well-being make it an extraordinary subject worth exploring in detail. Whether you're a medical enthusiast, a curious reader, or someone seeking to understand their own health better, this comprehensive guide aims to shed light on the marvels of my heart and its vital role in sustaining life.

The Human Heart: An Overview

The human heart is a muscular organ roughly the size of a clenched fist, situated slightly left of the

center of the chest. Its primary function is to pump blood throughout the body, delivering oxygen and nutrients to tissues while removing waste products. This continuous cycle sustains life and supports every physical process, from breathing to complex cognitive functions.

Anatomy of My Heart

Understanding my heart begins with its anatomy. The heart comprises several key structures that work in harmony:

- Chambers of the Heart

- Atria (Upper Chambers): The right and left atria receive blood returning to the heart.
- Ventricles (Lower Chambers): The right and left ventricles pump blood out of the heart to the lungs and body, respectively.

- Valves

Valves ensure unidirectional blood flow and prevent backflow:

- Tricuspid Valve: Between right atrium and right ventricle.
- Pulmonary Valve: Between right ventricle and pulmonary artery.
- Mitral Valve: Between left atrium and left ventricle.
- Aortic Valve: Between left ventricle and aorta.

- Blood Vessels

- Coronary Arteries: Supply blood to the heart muscle itself.
- Aorta: The main artery carrying oxygen-rich blood to the body.
- Pulmonary Arteries and Veins: Carry blood to and from the lungs.

- Conduction System

The heart has an intrinsic electrical system that controls heartbeat:

- Sinoatrial (SA) Node: The natural pacemaker.
- Atrioventricular (AV) Node: Relays electrical signals.
- Bundle of His and Purkinje fibers: Spread electrical impulses to coordinate contractions.

The Functionality of My Heart

The heart operates through a rhythmic cycle called the cardiac cycle, comprising systole (contraction) and diastole (relaxation).

The Cardiac Cycle in Detail

- Atrial Systole: The atria contract, pushing blood into the ventricles.
- Ventricular Systole: The ventricles contract, ejecting blood into the pulmonary artery and aorta.
- Diastole: The heart relaxes, chambers fill with blood anew.

This cycle repeats approximately 60-100 times per minute in a resting adult, creating a continuous flow that sustains life.

The Significance of My Heart in Health and Disease

The health of my heart is central to overall well-being. Cardiovascular diseases (CVDs) remain the leading cause of death worldwide, underscoring the importance of understanding, maintaining, and caring for this vital organ.

Common Heart Conditions

- Coronary Artery Disease (CAD): Blockages in coronary arteries reduce blood flow, leading to angina or heart attacks.
- Arrhythmias: Irregular heartbeats caused by electrical malfunction.
- Heart Failure: The heart's inability to pump effectively.
- Valvular Heart Disease: Dysfunction of heart valves affecting blood flow.

Risk Factors for Heart Disease

- High blood pressure
- High cholesterol
- Smoking
- Diabetes

- Sedentary lifestyle
- Unhealthy diet
- Obesity
- Family history

How to Keep My Heart Healthy

Maintaining cardiovascular health involves lifestyle choices and medical management. Here are actionable steps:

Lifestyle Modifications

- **Balanced Diet:** Emphasize fruits, vegetables, whole grains, lean proteins, and healthy fats.
- **Regular Exercise:** Aim for at least 150 minutes of moderate activity weekly.
- **Quit Smoking:** Eliminates a major risk factor.
- **Limit Alcohol:** Excessive intake can elevate blood pressure and triglycerides.
- **Manage Stress:** Practice mindfulness, meditation, or hobbies that relax you.
- **Maintain Healthy Weight:** Reduces strain on the heart.

Medical Interventions

- Regular check-ups and screenings for blood pressure, cholesterol, and blood sugar.
- Medication adherence if prescribed.
- Monitoring for early signs of heart issues like chest pain, shortness of breath, or irregular heartbeat.

Innovations and Future of Heart Care

Advancements in cardiology continue to revolutionize how we understand and treat my heart.

Cutting-Edge Technologies

- **Artificial Heart Devices:** Mechanical pumps like ventricular assist devices (VADs) assist failing hearts.
- **Stem Cell Therapy:** Exploring regenerative treatments for damaged heart tissue.
- **Gene Therapy:** Potential to correct genetic causes of heart disease.
- **Wearable Devices:** Track heart rate, rhythm, and other vital signs in real time.
- **3D Printing:** Creating personalized heart models for surgical planning.

Research Frontiers

Scientists are investigating:

- The microbiome's role in heart health.
- The impact of inflammation on cardiovascular disease.
- Personalized medicine approaches based on genetic profiling.

The Emotional and Symbolic Significance of My Heart

Beyond its biological function, my heart often symbolizes love, empathy, resilience, and identity. It's a universal metaphor for emotional depth and connection. Recognizing this dual significance enhances our appreciation for both the physical organ and its cultural symbolism.

Conclusion: Embracing the Vitality of My Heart

The human heart is much more than a pump; it embodies life itself, a complex marvel of biology that sustains every moment of our existence. Protecting my heart through informed choices, medical vigilance, and emotional well-being ensures not just longevity but a richer, more vibrant life. As science advances and our understanding deepens, so too does our capacity to nurture this extraordinary organ—our very own heart—and in doing so, nurture ourselves.

Remember: Your heart is the epicenter of your vitality, your passions, and your dreams. Cherish it, care for it, and listen to its rhythm as a guide to a healthier, happier life.

Question What are common causes of chest pain related to the heart? Common causes include heart attacks, angina, myocarditis, and arrhythmias. If experiencing chest pain, seek medical attention immediately. **Answer** How can I improve my heart health naturally? Maintain a balanced diet rich in fruits and vegetables, engage in regular exercise, avoid smoking, limit alcohol intake, and manage stress effectively. What are the symptoms of a heart attack? Symptoms often include chest pain or discomfort, shortness of breath, nausea, sweating, and pain radiating to the arm, neck, or jaw. Prompt medical help is crucial. How does stress affect my heart? Chronic stress can increase blood pressure and heart rate, promote unhealthy habits, and elevate the risk of heart disease over time. Can heart health be improved with medication? Yes, medications such as statins, blood pressure medicines, and antiplatelet drugs can help manage heart conditions, but they should be used under medical supervision along with lifestyle changes. What role does genetics play in heart disease? Genetics can influence your risk for heart disease, especially if there is a family history of conditions like heart attacks or high cholesterol. Regular check-ups are important. Are there any signs that my heart needs medical attention besides chest pain? Yes, symptoms like unexplained fatigue, dizziness, irregular heartbeat, and swelling in the legs can indicate heart problems and should be

evaluated by a healthcare professional.

Related keywords: love, emotion, passion, affection, beat, soul, feelings, romance, tenderness, heartbeat

Read the full article online: [My Heart](#)